

# ENTRY FORM FOR KEARSNEY STRIDERS 2020

## 21km HALF MARATHON; 10km RUN & WALK

**No entries on Race Day**

R

Pre-Entry:

21.1 km Run R190     10 km Run R140     10 km Walk R140

Sunday 19th January 2020; 6:00 am.

SURNAME: .....

FIRST NAME: .....

TEL NO: ..... I.D. NO: .....

DATE OF BIRTH: ..... AGE (on race day): .....

### AGE CATEGORIES

JUNIOR	OPEN	35 - 39	40 - 49	50 - 59	60+
--------	------	---------	---------	---------	-----

CLUB (in full): .....

LICENCE NO: ..... PROVINCE: .....

S.A. CITIZEN:  Y  N    GENDER:  M  F

PERMANENT RESIDENCE NUMBER (if applicable): .....

TEMP LICENCES R45     AGE CATEGORY TAG R20     WALKER TAG R20

**Payment options:**

1. [www.eventtiming.co.za](http://www.eventtiming.co.za)
2. Late entries Saturday 18<sup>th</sup> January 2020 at Sports Club at Kearsney College 12-3 p.m.
3. No entries on Sunday 19<sup>th</sup> January 2020.

Indemnity: I am medically fit to run/walk and I understand that I enter at my own risk and am responsible for any injury/illness during or as a result of the race, or for any property lost, stolen or damaged whilst on Kearsney property. I agree that I will be responsible for any medical costs incurred.

SIGNATURE: ..... DATE: .....

The race will be run subject to the rules of the IAAF, ASA, and KwaZulu-Natal Athletics.

All licensed runners are expected to participate in this race displaying 2020 licence numbers on the front and back of your vest. All participants must wear correct club colours. All unlicensed entrants require a temporary licence. Age category tags and walkers' tags must be worn on the front and back of one's vest if one is to claim age category and walkers prizes. Foreign athletes must abide by I.A.A.F Rule 4.2, 22.1 and 142 and ASA Rule 9. No personal seconding.



**2020**

**Half Marathon - 10km Run - 10km Walk**  
**Sunday 19<sup>th</sup> January 2020; 6:00 am**  
**21 km start 6:00 am. 10 km start 6:05 am.**

**T-shirts to the first 1200 21km finishers.**  
**Medals to the first 800 10km finishers.**

### ONLINE ENTRIES:

[www.eventtiming.co.za](http://www.eventtiming.co.za) - closes: midnight Thursday 16/01/2020.  
 or enter Saturday 18<sup>th</sup> January 12h00 - 15h00  
 at the Kearsney College Sports Club.  
 Entries will be capped at 2000.

### No entries on Race Day

**QUERIES:** Race Convenor - Jennifer Rigby 083 531 9417 & Claudia Stencil 083 415 2520  
 Race Secretary - Belinda Padbury 082 885 0788



KWAZULU NATAL ATHLETICS



Sponsored by



Rate your race [www.runnersworld.com](http://www.runnersworld.com)

# KEARSNEY STRIDERS

## 2020

### Half Marathon - 10km Run - 10km Walk

**DATE** : Sunday, 19<sup>th</sup> January 2020 **TIME** : 06h00

**DISTANCE** : 21km Run; 10km Run; 10km Walk

#### START/FINISH VENUE:

- Kearsney College, Old Main Road, Botha's Hill. Parking available inside Kearsney College only - no parking or entry allowed through Main entrance gate.
- Club Gazebo's may be erected on Saturday after completion of School cricket.

#### ENTRIES:

- www.eventtiming.co.za - by midnight 16/01/2020.
- On Saturday 18<sup>th</sup> January 12h00 – 15h00 at the Kearsney College Sports Club.

#### COLLECTION:

- From 4:30am on Sunday 19<sup>th</sup> January at the Kearsney Striders Sports Club
- T-shirts to the first 1200 21km finishers. Medals to the first 800 10km finishers.

#### ENTRY FEE:

- R190 - Entrants doing the 21 km run
- R140 - Entrants doing the 10km run/walk

#### TEMPORARY LICENCES:

- R45 - For runners
- R20 - Age Category Tag
- R20 - Walker Tag *Please note that KZNA are now selling the tags at R20 per pair.*
- Temporary licences to be worn on back of vest with the race number on the front and runners to wear plain clothes - top and shorts with no advertising.

#### PRIZE GIVING:

- 9:00 A.M.

#### AGE RESTRICTION:

- 16 years and over for 21km run
- 14 years and over for 10km walk
- 14 years and over for 10km run

#### START TIMES:

- Start time of the 21km is at 6.00 A.M. with a 3 hour cut off at 9:00 A.M.
- Start time of the 10km run & walk is at 6.05 A.M.

#### ROUTE DESCRIPTION:

This challenging but scenic half marathon will take you through the Kearsney College Campus, along the Old Main Road on the Comrade's route and then up to Alverstone Tower and back to Kearsney through the Assagay Valley.

#### VALUE OF PRIZE MONEY:

CATEGORY	1st	2nd	3rd
<b>Men's &amp; Ladies 21km Run</b>			
Open	R 1000	R 750	R 500
35-39	R 300	R 200	
40-49	R 300	R 200	
50	R 300	R 200	
60+	R 300		
Junior	R 300		
<b>Men's &amp; Ladies 10km Run</b>			
Open	R 500	R 300	R 200
Juniors	R 200	R 150	R 100
Kearsney Boy	R 200	R 150	R 100
<b>Men's &amp; Ladies 10km Walk</b>			
Open	R300	R200	

#### RACE RULES:

The race will be subject to the rules of the IAAF, ASA, and KwaZulu-Natal Athletics. All licenced runners are expected to participate in this race displaying 2020 licence numbers on the front and back of your vest. All participants must wear correct club colours. All unlicensed entrants require a temporary licence. Age category tags and walker tags must be worn on the front and back of one's vest if one is to claim age category and walkers prizes. Foreign athletes must abide by I.A.A.F Rule 4.2, 22.1 and 142 and ASA Rule 9. No personal seconding.

2020 Licence numbers to be worn front and back on vests - not shorts. New ASA/KZNA Age categories (60-80mm) and Walkers tags to be worn front & back of vests and be clearly visible.

#### Directions - parking

